In an effort to create consistency among schools and strike a balance between parents who feel there are too many school parties and those that delight in school celebrations, the following nutrition guidelines go into effect September 2013.

New Nutrition Guidelines Effective September 2013/REVISED JUNE 2016

- Each class is permitted 5 classroom/school wide parties:
- Any additional food related celebrations must receive prior approval from the principal

During EACH Party Celebration ONLY the following items are allowed:



1. To drink: ONLY WATER



- 2. **ONE sweet treat off the district approved list** (brought by ONE parent)
 - 3. **ONE savory treat** (pretzel, goldfish or popcorn) (brought by ONE parent)





4. **ONE fruit or vegetable platter** (brought by ONE parent)

No other celebrations or rewards for the class can involve food.

Warren Township Schools

Effective September 2013/REVISED JUNE 2016

Approved Foods for School Wide/Classroom Celebrations and Parties

Homemade items made from scratch (NO SPRINKLES, COLORED SUGARS, GEL, OR ANY TYPE OF DECORATION ALLOWED) are welcomed as long as they are limited to <u>cookies</u>, <u>brownies</u>, <u>cupcakes</u>, <u>muffins or rice krispie treats</u>. *Please avoid nut ingredients in baking*. If using a boxed baking product, only the brands listed below are permitted (NO SPRINKLES, COLORED SUGARS, GEL, OR ANY TYPE OF DECORATION ALLOWED). Boxes and containers of ALL ingredients must be brought in along with food.

Cake Mix, Brownie Mix, Muffin Mix and Frosting:

Betty Crocker

Cherrybrook Kitchen

Pillsbury (**EXCEPT** the refrigerated premade batter i.e. slice and bake)

Regular size Shop Rite Brand cupcakes (not the mini Shop Rite Brand cupcakes)

NO COOKIE CAKES ALLOWED

Donuts:

Entenmanns- Little Bites and small donuts: glazed, chocolate, powdered

NO DUNKIN DONUTS ALLOWED

Cookies:

Chips Ahoy- Chocolate Chip

Oreos (regular, golden, or minis)

Hershey chocolate chips (NOT Tollhouse or Ghirardelli)

Barnum Animal Crackers

Fruits/vegetables:

Fresh Fruit & Vegetables (cucumber, carrots, celery,etc)

Pudding Snacks (Jello-O brand) Kellogg's brand Rice Krispie Treats (original)

Ice Pops UTZ Pretzels and Shop Rite Brand

Philly Swirls (gluten, nut, dairy free) Goldfish crackers

Skinny Pop & Smart Pop Popcorn

Parents of students with food allergies or food intolerances may bring in a separate supply of snacks for their child as needed for classroom celebrations. ***Please continue to check ingredients on all labels as they are subject to change. Include all ingredient lists with food whether store bought or homemade. Foods should be brought to Main Office by 10 am.